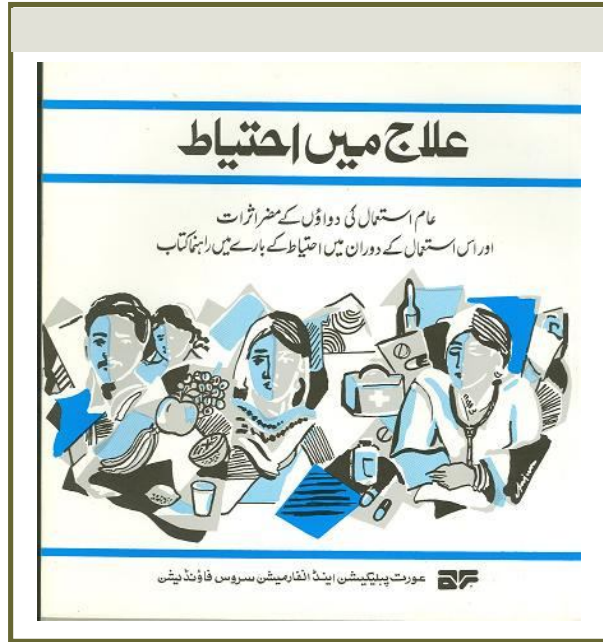


Reports and Books



Title: Elaj mein Ehtiyat: Aam Istamal ki Dawaoon kay Mozir Asrat aur is istamal kay doran mein Ehtiyat kay baray mein rehnuma kitab.

Author: Dr Asif Mehmood Jah

Publishing place: Lahore

Publishing year: 1993

Description: 84 p; illus

Size: 8x8

Language: Urdu

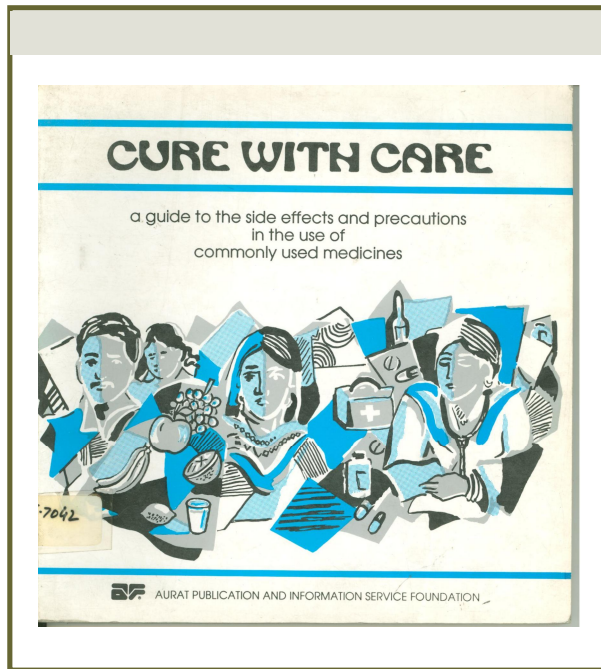
CONTENTS

1. What is a side effect?
2. General Information
3. Analgesics
4. Antacids
5. Purgatives
6. Anti emetics
7. Medicines for loose motions
8. Anti Histamines
9. Tranquillisers
10. Medicines for cough control
11. Anti Microbials (Anti Biotics)
12. Anti Tuberculosis
13. Anti Malarias
14. Vitamins
15. Minerals
16. Steroids
17. Oral contraceptives
18. Medicines for worm infestations
19. Medicines for eyes
20. Medicines for skin disorders
21. Managing side effects

About the Report

Cure with care is a simple guide about the side effects and precautions in the use of commonly used medicines. This has been compiled keeping in view the dangerously increased trend of self-medication, mostly due to the easy availability fo and accessibility to all types of medicines.

This guide intends to create awareness among people about the dangers of injudicious and indiscriminate use of every day medicines.



Title: Cure with Care: a guide to the side effects and precautions in the use of commonly used medicines

Author: Dr Asif Mehmood Jah

Publishing place: Lahore

Publishing year: 1991

Description: 92 p; illus

Size: 8x8

Language: English

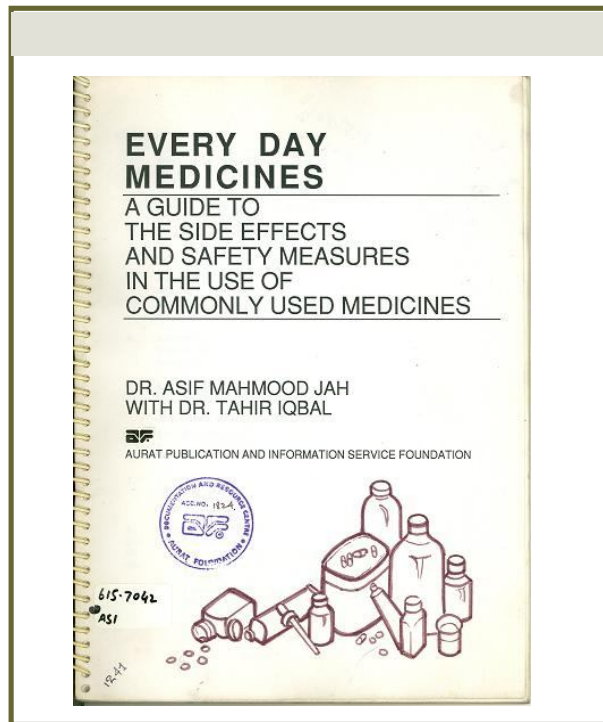
CONTENTS

22. What is a side effect?
23. General Information
24. Analgesics
25. Antacids
26. Purgatives
27. Anti emetics
28. Medicines for loose motions
29. Anti Histamines
30. Tranquillisers
31. Medicines for cough control
32. Anti Microbials (Antibiotics)
33. Anti Tuberculosis
34. Anti Malarials
35. Vitamins
36. Minerals
37. Steroids
38. Oral contraceptives
39. Medicines for worm infestations
40. Medicines for eyes
41. Medicines for skin disorders
42. Managing side effects

About the Report

Cure with care is a simple guide about the side effects and precautions in the use of commonly used medicines. This has been compiled keeping in view the dangerously increased trend of self-medication, mostly due to the easy availability of and accessibility to all types of medicines.

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Title: Every Day Medicines: a guide to the side effects and safety measures in the use of commonly used medicines

Author: Dr Asif Mahmood Jah & Dr Tahir Iqbal

Un-Published

Description: 43 p.

Size: 8x11

Language: English

CONTENTS

What is side effect?

General Information

Analgesics

Antacids

Anti Emetics

Anti Histamines

Anti Malarials

Diarrhea and Anti Diarrheal

Anti Tuberculosis

Antibiotics

Tranquillizers

Steroids

Medicines for Eyes

Medicines for skin disorders

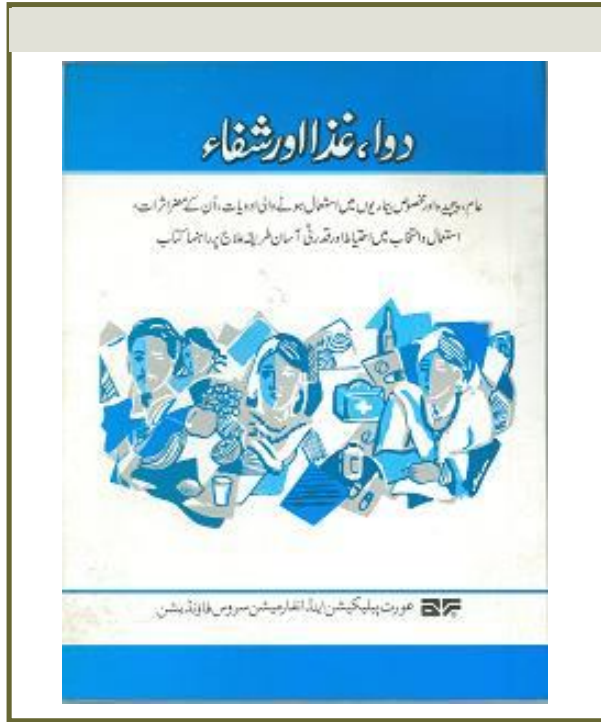
Oral Contraceptives

About the Report

Medicines are used to control and treat some illnesses. However, just as the medicines offer desirable effects or benefits, they can also cause other responses that are unrelated to the illness being treated. These additional and unwanted responses are known as side effects.

A side effect becomes a serious hazard and a threat to life. These kinds of side effects are known as adverse drug reactions.

All the side effects of a medicine do not appear in every patient. In some persons they may not appear at all. Appearance of side effects varies with each individual and is dependent on the person's sex, body weight, age, environment, food and disease. Medicines should be used with care and caution.



Title: Dawa, Ghiza aur Shifa: Aam peichida aur makhsus bimarioon mien Istamal honey wali adviyat, in kay muzir asrat,

Publishing place: Peshawar

Publishing year: 2004

Description: 158 p; illus

Size: 7x9.5

Language: Urdu

CONTENTS

Dawaon key muzir asrat sey kia murad hey?

Aam Maloomat

Muzir asrat sey keisey nipta jaiy?

Dard aur bokhar key leiy dawain

Adhay ser key dard key leiy dawain

Kamar dard key leiy dawain

Dantoon key dard key leiy dawain

Kano key dard key leiy dawain

Teizabiat door ker ney wali dawain

Qabaz door ker ney wali dawain

Qey rokney wali dawain

Diarrhea mein istamal honey wali dawain

Pait key alser key liey dawaon ka istamal

Yarqan mein dawaon ka istamal

Allergy door ker ney wali dawain

Khansi rokney wali dawain

Zukam mein dawaon ka istamal

Galey key amraz key liey dawain

Dama mein istamal honey wali dawain

Galey mein bari gilti key liey dawain

Jild ki bemarion key liey dawain

Keel mahason key liey dawain

Phoray phonsion key liey dawain

Fungus infection key liey dawain

Aankhoon key liey dawain

Nazar teiz ker ney key liey dawain

Ser ki khushki key liey dawain

Falij key liey dawain

Yaddash aur hafiza teiz ker ney wali dawain

Sakoonawar dawain

Antibiotics dawai

TB key Ilaj key leiy dawain

Malaria key Ilaj key leiy dawain.....